GAGE
WELLNESS
SPA & FITNESS

MASSAGES

GAGE SIGNATURE

60 minutes $140 | 90 minutes $200 | 120 minutes $260

This Gage guest favorite uses Swedish strokes, healing botanicals, warm compresses, and gentle stretches to help relieve tension. Your therapist will customize a relaxing session just for you.
Perfect for those new to bodywork and massage.

MLD

60 minutes $140 | 90 minutes $200

Manual Lympthatic Drainage uses gentle techniques to manually assist the lymphatic system in eliminating toxins from the body. Great for addressing post surgery swelling and chronic conditions that require a sensitive touch.

MOTHER-TO-BE

60 minutes $140 | 90 minutes $200

This gentle massage is tailored to the needs of expectant mothers, special pillows and bolsters make this a soothing and relaxing experience. This massage uses side-lying techniques to help with circulation and relieve weight-bearing muscle tension. Nourishing Jojoba oil is used throughout this offering.
*must be at least 12 weeks pregnant at time of appointment.

DEEP TISSUE

60 minutes $160 | 90 minutes $230 | 120 minutes $300

Customized to your specific concerns and focusing on the deeper layers of muscle. Our Deep Tissue combines firm pressure with pain-relieving techniques to relieve tension, ease chronic pain and loosen stiff muscles.

WARM STONE

90 minutes $240 | 120 minutes $300

Heated basalt stones are combined with Swedish massage techniques to create a deeply relaxing and restorative experience.

FACIALS

All facials are tailored to client's individual
skin care needs and always include the following:

- Cleansing with facial massage
- Exfoliation
- Treatment Mask
- Toning
- Skin Balancing with serums
- Moisturizer
- SPF
- Hand & Arm Massage and upper body massage

GAGE SIGNATURE FACIAL

60 minutes $160 | 90 minutes $230

A classic facial focusing on hydrating the skin and maintaining general wellness.
Water based products are used in this classic facial to ensure maximum absorption.
Excellent for all skin types

UV RECOVERY | SENSITIVE SKIN FACIAL

60 minutes $160 | 90 minutes $230

Tailored to those with very sensitive or thin skin, this facial focuses on brightening and replenishing. Plant extracts from Chamomile, Aloe, and Calendula are used to help soothe irritation and calm redness. Perfect for overexposure to the elements.

ACNE PRONE | OILY SKIN

60 minutes $160 | 90 minutes $230

For those who struggle with frequent breakouts and overproduction of sebum, this facial focuses on purifying and cleansing the skin.
Oil free products and salicylic acid are used in this treatment.
Extractions of inflamed pores are included while also soothing and replenishing your skins natural protective barrier with Pumpkin enzymes and Rosemary antioxidants.

MATURE | DEHYDRATED SKIN

60 minutes $180 | 90 minutes $240

The anti-aging properties of Marshmallow, Gotu kola, and Echinacea combine to help restore elasticity and reduce the prominence of fine lines. Facial massage and
Plant Stem Cell serums target areas where fine lines and wrinkles are most prominent.

SCRUBS

LAVENDER GLOW

60 minutes $180

Experience the soothing and calming power of Lavender with this body treatment. Designed to envelop your senses, relax your body, and leave your skin feeling nourished. Warm Lavender infused oil is briefly massaged, followed by a fine sugar scrub that will exfoliate and soften your skin.
Finally, a Lavender crème is applied - disolving any remaining sugar scrub.

HAND+FOOT RENEWAL

45 minutes $100

Revitalize hands and feet with an invigorating Lemongrass-Mimosa scrub and herbal wrap+massage. Aromatherapy and gentle neck stretches complete this treatment.

CBD HAND+FOOT RENEWAL

45 minutes $120

Sooth tired hands and feet with a Palo Santo-Orange scrub and CBD infused wrap+massage. Aromatherapy and gentle neck stretches complete this treatment.

SPECIALTIES

ASHIATSU

60 minutes $160 | 90 minutes $230

Ashiatsu is a barefoot massage technique in which the therapist delivers deep, broad, consistent pressure while utilizing their feet and body weight.
Perfect for those seeking both a deeply therapeutic and relaxing experience.

AQAUTIC BODYWORK

75 minutes $200

This transformative offering eases tight muscles with Thai stretches, bodywork, and a warm water float. Eye shields block all light as your therapist guides you through subtle stretches, sending your mind on an inner journey.
*Swimsuit required | weather permitting.

BODYWRAPS

CBD BODYWRAP+MASSAGE

90 minutes $260

CBD infused creams and oils will help to ease muscle tension and joint pain as you are wrapped in warm linens to promote good absorption, followed by a therapeutic massage to allows guests to fully experience the benefits of this treatment.

CACTUS & AGAVE BODYWRAP+MASSAGE

90 minutes $260

A repairing blend of Prickly Pear and Blue Agave promote overall skin health and hydration as you are cocooned in warmth. A therapeutic massage and application of Marine Magnesium will complete this treatment.

RESTORE BODYWRAP+MASSAGE

90 minutes $260

Our Restore wrap+massage uses Longan fruit and Marine Collagen to deeply hydrate and smooth dry skin. A Swedish massage compliments this moisturizing body treatment.

ENHANCEMENTS

THERAPEUTIC SOAK

Herbal $30 | CBD $40

Settle into your spa day with a warm, mineral rich foot bath. Soak in the therapeutic benefits of either our seasonal herbal soaks or a Lavender-Bergamot CBD soak.

SCALP TREATMENT

15 minutes $30

Add 15 minutes of time to your massage or body treatment with a scalp massage. Warmed oil will help to condition hair and melt away mental stresses.

POLICIES

HOURS

Gage Wellness is open 7 days a week

Spa 9am- 5pm | Gym 6am - 10pm

GRATUITIES

For your convenience a 20% gratuity will be added to all spa services.
For an exceptional spa experience additional gratuity may be added during check-out.

CANCELLATIONS

To cancel your appointment without penalty please call or text 432-244-7273
All spa appointments are subject a 24 hour cancellation policy.
All group spa bookings are subject to a 72 hour cancellation policy.
Late cancellations will be charged the full service rate.

SPA ENVIRONMENT

We desire to provide the most inviting environment possible and to ensure the serenity and well-being of you and our guests. For a disconnected and serene environment, we kindly ask that you turn off your mobile devices upon arrival. If you have reserved the courtyard for your group, personal music is allowed. If not, please be courtious of our other spa guests and use headphones/earbuds or enjoy the natural relaxing ambience.
Gage Wellness is a No Smoking facility.

FAQ

Can I reserve the spa courtyard amenities?

All spa appointments include access to our courtyard amenities - steam room and heated pool. A stand-alone courtyard reservation can be made - 60 minutes $60
If your appointment is scheduled late afternoon, you may wish to arrive beforehand to fully enjoy the courtyard amenities. Gage Wellness hours are 9am-5pm
*swimsuits are required in our co ed courtyard spaces.

How early should I arrive?

We recommend arriving 10-15 minutes before your scheduled appointment.

Do I need an appointment / do you accept walk-in appointments?

Although we can usually schedule walk-in appointments, it is recommended that you schedule your spa services as early as possible to reserve your time at Gage Wellness. Appointments may be booked online through our booking portal at gagehotel.com or by calling 432-244-7273 to speak with a spa specialist.