



Healthy Starts

Quinoa Burrito: egg whites or whole eggs / black beans / tri-color quinoa / roasted corn / spinach / jack cheese / whole wheat tortilla / side salsa **\$9**

Egg White Veggie Omelet: egg whites or whole eggs / spinach / mushrooms / tomatoes / jack cheese / seasonal fruit side **\$8** with bacon or ham **\$9**

Avocado Toast: sliced avocado / sliced tomato / scrambled egg whites or whole eggs / wheat toast / seasonal fruit side **\$7** with bacon or ham **\$9**
**gluten-free and vegan option available*

Yogurt Parfait: hand mixed vanilla bean yogurt / fresh berries / seasonal homemade jam / housemade granola **\$6**

Steel Cut Oatmeal: brown sugar / raisins / warm milk **\$5** **vegan option available*

Overnight Oats: blended steel cut oats / rolled oats / flaxseed / chia seed / almond milk / dried cherries / coconut / cinnamon greek yogurt / vanilla / **served cold \$6**

Breakfast Favorites

Egg Sandwich: two fried eggs / monterey jack cheese / spicy mayo / **choice of** ham or bacon / seasonal fruit side **\$9** **gluten-free bread available*

Marathon Muffin: fried egg / sausage patty / cheddar cheese / tomato / avocado mayo / english muffin / seasonal fruit side **\$8**

Cowboy Burrito: scrambled eggs / potatoes / ham / bacon / bell peppers / onion / jalapeño / cheddar cheese / side salsa **\$9**

Traditional Breakfast: two eggs any style / breakfast potatoes / **choice of** bacon, ham, sausage or avocado / wheat toast **\$10** **gluten-free bread available*

Biscuits and Jalapeño Gravy: toasted buttermilk biscuits / jalapeño sausage gravy / two eggs any style **\$9**

Huevos Rancheros: two eggs any style / beans / salsa / cheddar cheese / corn and flour tortillas **\$9** **vegan option available*

Denver Skillet: scrambled eggs / ham / bacon / bell peppers / onions / cheddar cheese **\$8**

Green Chili and Chorizo Skillet: scrambled eggs / roasted green chilies / chorizo / caramelized onions / mushrooms / monterey jack cheese **\$10**

Sweet Tooth

Pancake Grande: buttermilk pancake / maple syrup **\$4.5**

Sides

Wheat or marble rye toast / biscuit / english muffin **\$1.5**

Gluten-free toast **\$2**

Whole fruit **\$1**

Breakfast potatoes **\$2**

Seasonal fruit cup **\$2.5**

Plain greek yogurt **\$2**

Egg any style **\$2.5**

Side bacon (3), sausage (2) or ham **\$2.5**

Avocado **\$2**

Side of Gravy **\$3.5**

**consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness*