



## LUNCH

### **SANDWICHES \$9.00**

Served with Chips

#### **TURKEY CLUB**

Roasted Turkey  
with Bacon, Lettuce & Tomatoes,  
Monterrey Jack Cheese  
and Avocado Mayo

#### **ROAST BEEF**

Roast Beef & Swiss Cheese  
With Pickled Onions  
and Horseradish Mayo

#### **CAPRESE**

Mozzarella, Tomato, and Basil Pesto

#### **HAM & GRUYERE**

With Spinach & Roasted Garlic Aioli

#### **MEDITERRANEAN TUNA SALAD MELT**

Monterrey jack cheese, tomatoes, and  
spinach

### **SALADS \$6.50**

#### **KALE & SPINACH SALAD**

With Almonds, Apples, Dried Cherries  
and Parmesan  
Add Turkey \$2.50

#### **MEDITERRANEAN TUNA SALAD**

Tuna, Red Onions, Capers,  
Parsley, Lemon & Mayo on  
Romaine Lettuce \$6.50

### **BITES \$6.00**

Served with Pita Chips

#### **HUMMUS**

PIMENTO CHEESE

TUNA SALAD



## **SMOOTHIES \$4.50**

### **BERRY ALMOND BLEND**

Strawberries, blueberries,  
almond butter & almond milk

### **YOGURT STRAWBERRY**

With banana and apple juice

### **THE CHUGGIN' MONKEY**

Banana, Hot Fudge Syrup,  
Peanut Butter, and Milk

**Add a Shot of Espresso \$1.00!**

### **GREEN AVENGER**

Kale, Banana, Almond Milk,  
and Almond Butter

### **FROZEN CAJETA NITRO**

Cold-Brewed Nitro Coffee,  
Almond Milk,  
And Cajeta

**Add a Shot of Espresso \$1.00!**