



MESSAGES



Signature Aromatherapy Massage

Massages are tailored to meet individual needs using a variety of relaxation techniques such as Swedish, reflexology and energy work. The use of essential oils is integrated into the massage from beginning to end.

60 Minutes/\$120

90 Minutes/\$175

Deep Tissue Massage

This invigorating full-body massage incorporates different modalities with the intention of affecting the deeper tissues of the body to relieve discomfort. At the end of the treatment, anti-inflammatory products are applied in order to reduce pain and stiffness in overworked muscles.

60 Minutes/\$140

90 Minutes/\$200

Warm Stone Massage

A peaceful opportunity to connect the mind, body and soul through the use of heated stones. An ideal choice for those seeking balance and centering.

90 Minutes/\$180

Introductory Massage

This 40-minute service can be booked two ways:

40-minute relaxation full-body massage/\$85

40-minute focus area for deep tissue work/\$100

BODY TREATMENTS



Detoxifying Seaweed Body Wrap

Balancing, re-mineralizing, detoxifying and hydrating. A warm mixture of silken seaweed carrying the fragrant notes of essential oils is applied to the body while you are comfortably wrapped and relaxed. Seaweed helps to eliminate excess fluid, stimulate the lymphatic system and maintain healthy skin integrity.

90 minutes/\$180

Espresso Mud Body Treatment

Fragrant and finely ground coffee beans are blended with Indian sarsaparilla, honey, tobacco and black silt clay in this detoxifying scrub and mud treatment. A pleasure for the senses and skin, while the caffeine acts to reduce the appearance of fatty deposits and fluid retention.

90 minutes/\$180

Lemon Verbena Body Polish

Fresh lemon and gentle buffing grains are blended with stimulating extracts to soften the skin. This gentle exfoliation moisturizes and revitalizes to leave silky, hydrated skin.

90 minutes/\$180

All above applications include a shower in a private bathroom and conclude with a rich moisturizing massage.

SKINCARE



Refreshing Facial

A relaxing ritual facial which integrates healing of the skin and calming of the nervous system. Tailored to your skin type after a consultation, our facials are all one-of-a-kind and incorporate cleansing, exfoliation, extraction, massage and fortifying through masks and a selection of truly exquisite products.

60 minutes/\$120

HAND & FOOT TREATMENTS



Lemongrass & Peppermint Hand and Foot Treatment

Zesty lemongrass and bamboo are combined to create an exfoliating scrub for both hands and feet. The session includes a peppermint balm massage with heated mittens for deep relaxation. Ideal for clients with physical ailments that may prevent them from lying down comfortably, or for clients whose jobs require excessive standing.

45 minutes/\$85 (Hands or Feet)

90 minutes/\$165 (Hands & Feet)

FOR COUPLES, PARTNERS & FRIENDS



To ensure availability we recommend reserving couple's appointments 24 hours in advance

Couple's Getaway

Enjoy back-to-back services in a private suite ... a luxurious way to spend a morning, afternoon or evening. While one guest receives either a massage, facial or body treatment, the other is free to spend time in any of our lounge areas enjoying our tea, foot soak, steam room and shower amenities.

Two 1 hour services (2 ½ hour treatment time)/\$300

Two 90 minute services (3 ½ hour treatment time)/\$420

The following two services are available seasonally.

Couple's Massage

Enjoy a massage (or facial) while your partner receives their treatment in an adjoining room. Services are priced a la carte.

Couple's Retreat

Enjoy two back-to-back services for each guest and leave the spa truly renewed. Each guest receives a facial and a 90-minute massage while enjoying tea, foot soak, steam room and shower amenities before, in between or after your services.

Approx. 4 hours/\$650

ADDITIONAL OFFERINGS



Hydrate

Steam Room bookings include an herbal steam bath, eucalyptus-chilled towels and shower amenities.

30 minutes

A la Carte/\$60

With a service/\$30

At Your Service

In-room services

Add \$40 per service for massages or body treatments performed in the privacy of your hotel room.

Add \$65 per service for massage or body treatments performed in your hotel room after hours.

Bridal and Salon Offerings

Please contact the Spa Director for any information on our salon's bridal or event offerings, including professional hair styling and make-up applications.

We are eager to customize spa packages tailored to the unique needs of the bride or an entire bridal party. Contact the front desk if you would like the Spa Director to contact you with a package proposal.



In order to provide you with a true escape from every day, cell phones are not permitted in the treatment areas or lounge. The Spa is a smoke-free environment.

In order to make your experience as comfortable as possible and to avoid treatments that may not be appropriate for you, please advise our staff of any health issues such as medications taken, recovery from recent surgery, allergies, pregnancy or existing medical conditions such as hypertension, heart disease or athletic injuries. Also, please note that it is not advisable to consume alcohol or large meals prior to any treatment.

Cancellation Policy

Due to the popularity of the spa facilities, a 24-hour cancellation notice is required to avoid a charge for your scheduled treatment. Please contact us to reschedule or cancel your appointment at least one day prior to your appointment during operating hours.

Appointments which are rescheduled within 24 hours of their original time may be subject to a \$25 rescheduling fee.

Gratuity

For your convenience, a 20% service charge will be added to all Spa treatments and services. Additional gratuities may be added for exceptional service at your discretion at time of check-out.

www.gagehotel.com

